In 1999, a small group of paediatricians in one of Mumbai's largest public hospitals decided to act on behalf of the hundreds of very ill and premature newborns whom they tirelessly nursed back to health. They started working with the mothers from the slums in the neighbourhood, who were themselves malnourished, anaemic and very often victims of domestic violence. This marked the beginning of SNEHA's journey.

Today, SNEHA's team of 135 works with women and children from over 25 informal settlements across Mumbai, fulfilling the vision: Healthy Women and Children for a Healthy Urban World.

SNEHA builds sustainable and replicable models of intervention and partnerships that empower women and children to transform both their lives and the lives of those around them. SNEHA adopts a comprehensive strategy to impact the quality of care. We address community attitudes and behaviour to health and works towards improving the quality of health delivery and access. SNEHA achieves this by leveraging existing linkages and creating new ones to advocate better health for all women and children.

Our large cadre of “Sakhis”, the community health workers, form close relationships with women from slum communities, facilitating community action and changing behaviours for better health.

All these strategies are implemented in partnership with Mumbai's large and dynamic public health system so as to ensure maximum impact. The quality of health care provided across the metropolis.

We've touched 2,00,000 lives. Another 19.8 million are waiting. We need your support to make that difference.

Your support is invaluable:
- Nourish a malnourished child back to health: Rs. 5000
- Rehabilitate one victim of domestic violence: Rs. 2500
- Empower a “Sahi” with the skills to change people's lives: Rs. 4500
- Help SNEHA create a healthy urban world: Rs. 3500
- Empower a young mother with the knowledge to plan: Rs. 3500
- Help SNEHA create a healthy urban world: Any Amount
- Help SNEHA create a healthy urban world: Rs. 5000
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- Help SNEHA create a healthy urban world: Rs. 3500
- Help SNEHA create a healthy urban world: Any Amount

Cheques can be made in favour of SNEHA. Or you can donate online at www.snehamumbai.org.
1 in 6 girls is married by the age of 16.
SNEHA works with adolescent girls from slum communities to educate them about health, nutrition, & life skills and to train them in skills that will give them opportunities to earn higher incomes to support themselves and their families.

Half the children growing up in our slum communities are under-nourished.
A malnourished child leads a life of compromise. Frequent illnesses do not help her thrive and keep her away from school and other normal activities making her dreams of a brighter future seem just that – dreams. SNEHA improves the health of children in the area by promoting exclusive breast feeding and educating young mothers on correct feeding and hygiene practices through their partnership with the Integrated Child Development Services (ICDS), a Government of India program. SNEHA runs two full day care centres to rehabilitate malnourished children under the age of 3. The children are fed 4 nutritious meals a day and nursed back to health through a combination of care and nutrition.

1 in 2 women do not receive antenatal care.
SNEHA works to improve the health and survival of mothers and newborns in underprivileged communities in Mumbai through effective community action and quality, standardized health care.

Sexual & Reproductive Health Empowered over 1000 adolescent girls.

Child Health & Nutrition
Reduced Malnutrition of over 500 children under the age of 5.

Maternal & Newborn Health
Empowered over 6,000 Safe births.

Prevention of Violence Against Women
Achieved over 2,300 reports and over 100% increases in victims' confidence and rights to redress.

More than 1 in 2 women face gross acts of domestic violence.
SNEHA provides counseling and rehabilitation services necessary for a woman or child in distress to help them overcome crises. We also generate awareness in communities about the issue of violence against women and children.